Ephesians 6:10 (NKJV)
10 Finally, my brethren, be strong in the Lord and in the power of His might.
11 Put on the whole armor of God, that you may be able to stand against the wiles of the devil.
12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.
13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.
14 Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness,
15 and having shod your feet with the preparation of the gospel of peace;
16 above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one.
17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God;
18 praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints,
19 and for me, that utterance may be given to me, that I may open my mouth boldly to make known the mystery of the gospel,
20 for which I am an ambassador in chains; that in it I may speak boldly, as I ought to speak.

Stay close to me and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Matthew 11:29-30 (NLT)

Stay with the Lord and learn from Him, for He is gentle and humble in heart, and you will find rest for your souls. For His yoke is easy and His burden is light. Matthew 11:29-30 (NLT)

Practicing Faith; with Ephesians second nature

Quick review

The believer's weapons to live the supernatural spiritual life is:
1. **The word of God**
2. **The Holy Spirit**

Walking in the Spirit = **living led by the Spirit**; **Have nothing to do with the flesh** = **Have nothing to do with a slow objection walk; but run in the word of God**

Ephesians 5:18 (NKJV) **...** **...** **...**

Walk = **walk in the Spirit** = **not gratified with fulfilling the flesh**

Spirit filled = **Spirit led** = **Spirit led by the word**

Spirit led = **led by the word**

Spirit led = **led by the word** = **by means of the Spirit**

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