Promises of God:

Psalm 55:22 (NKJV)
22 Cast your burden on the Lord, and He will sustain you;
He will never permit the righteous to be moved.

Proverbs 3:5-6 (NKJV)
5 Trust in the Lord with all your heart,
And lean not on your own understanding;
6 In all your ways acknowledge Him,
And He shall direct your paths.

Isaiah 40:31 (NKJV)
31 But those who wait on the Lord
Shall renew their strength;
They shall mount up with wings like eagles,
They shall run and not be weary,
They shall walk and not faint.

Isaiah 41:10 (NKJV)
10 Fear not, for I am with you;
Be not dismayed, for I am your God:
I will strengthen you, Yes, I will help you,
I will uphold you with the righteous right hand.

Philippians 4:6-7 (NKJV)
6 Be anxious for nothing,
But in everything by prayer and supplication, with thanksgiving,
Let your requests be made known to God;
7 And the peace of God, which surpasses all understanding,
Will guard your hearts and minds through Christ Jesus.

Isaiah 26:3 (NKJV)
3 You will keep him in perfect peace,
Whose mind is stayed on You,
Because he trusts in You.

Isaiah 55:8 (NKJV)
8 For your thoughts are not your thoughts,
Nor your ways my ways,
Says the Lord.
For as the heavens are higher than the earth,
So are My ways higher than your ways,
And My thoughts than your thoughts.

Are we on the ship capable of storm and calmer of seas? Are we in the storm and have gone ashore by the leading of the Holy Spirit and have peace?

Stabilizing the Unstable

Cast All your cares on Him because He cares for you

1. 1 Peter 5:7 (NKJV)
7 casting all your care upon Him, for He cares for you.

The tension arises something traumatic happens; it is known self-objective; it loses on the problem instead of the solution; it is stuck in the time-stamped.

The tendency is to try to solve the problem from our own sinfulness; this approach is arrogant.

2. STEP ONE: Close a promise
STEP TWO: Think through the divorced rationalism embedded in the promise
STEP THREE: Appropriate the divorced emotionalism

Serve God diligently in the good times:

Ps 119:165 - Great peace have those who love your law, and nothing can make them stumble.

Phil 4:7 - And the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Isa 26:3 - You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You.

Isa 54:13 - All your children will be taught by the LORD, and great will be your peace.

Psalm 37:37 - Consider the blameless, observe the upright; there is a future for the man of peace.

Psalm 119:165 - Great peace have those who love your law, and nothing can make them stumble.

Psalm 29:11 - The LORD gives strength to his people; the LORD blesses his people with peace.

Psalm 85:8 - I will listen to what God the LORD says, for he promises peace to his people, his faithful servants—but they must not return to their foolish ways.

Psalm 119:165 - Great peace have those who love your law, and nothing can make them stumble