1.16.25

Is Any among You Sick?

The book of James perseverance through times of adversity

Perseverance is maintaining our focus on the promises of God in times of **adversity**, and not allowing **adversity** to be converted into stress in our soul.

Adversity is inevitable, but **stress** is optional.

Adversity is what circumstances do to us, and stress is what we do to ourselves

The theme throughout James is how to endure in times of adversity, and suffering:

James 1:2-4 NKJV
2 Count it all joy, my brethren, when you fall into various trials, 3 knowing that the testing of your faith produces patience.

PATIENCE

1:3 Patience is the ability to keep your spiritual balance when you are under pressure, without compromising your integrity, your relationships, your family, your ministry, your church, your business, your ministry, your church, your business, your ministry, your church, your business